

Norway wordsearch

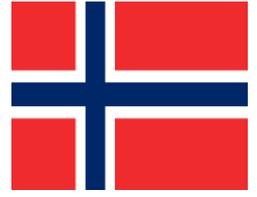
Find the words below in the grid.

- ❑ **Aurora Borealis** -More commonly known as the Northern Lights.
- ❑ **Bunad** -Traditional Norwegian clothing that is most commonly worn at celebrations such as weddings.
- ❑ **Elk** -The national animal of Norway, these animals are little like reindeer and have large antlers.
- ❑ **Expedition** -A long adventurous journey with a purpose.
- ❑ **Farikal** -The national dish of Norway, more commonly known as lamb and cabbage stew.
- ❑ **Fjord** -A long, narrow, deep river like part of the sea between high cliffs.
- ❑ **Galdhopiggen** -The highest mountain in Norway
- ❑ **Krone** -The currency of Norway
- ❑ **Norway** -A country in Europe and the main theme for this wordsearch
- ❑ **Oslo** -The capital of Norway
- ❑ **Skiing** -An adventurous activity that involves travelling over snow on skis. It's mainly done as a sport or for fun.
- ❑ **Speider** -The Norwegian word for scout.
- ❑ **Tromso** -A city in Norway surrounded by mountains that is considered the best place in the world to see the Northern lights.
- ❑ **Vaer Beredt** -This is the Scout motto in Norway. It translates to be prepared.
- ❑ **Viking** -Ferocious fighters from Norway who were feared across the North seas for their aggression and fighting skill.

Norway in a nutshell

U	L	C	M	A	J	M	D	T	K	Y	L	T	Y	U	S	T	M	Z	
N	I	Y	E	L	V	E	O	E	A	G	G	S	P	E	I	D	E	R	L
G	O	A	B	M	S	I	J	I	D	C	F	J	I	C	Z	E	L	M	H
N	N	C	G	W	A	Q	K	M	P	V	L	H	E	P	G	R	C	M	N
Y	S	I	U	Q	A	U	M	I	F	H	C	T	O	B	K	E	I	Z	E
J	K	L	I	B	M	B	R	G	N	P	J	N	L	I	X	B	K	R	T
B	S	H	I	K	N	A	D	O	S	G	J	B	S	O	Y	R	Q	W	D
B	H	M	Z	G	S	C	T	Q	R	X	P	I	O	Q	D	E	G	L	C
X	T	S	K	I	L	E	N	X	D	A	R	S	K	G	O	A	G	Z	O
M	V	V	N	O	R	W	A	Y	C	X	B	F	A	O	A	V	A	E	R
D	F	E	F	W	P	I	U	G	A	L	D	O	Z	T	P	Z	L	Y	K
U	A	N	R	E	V	I	K	L	M	Y	A	D	R	N	C	U	D	J	W
B	R	P	R	X	V	V	O	Z	H	K	R	O	N	E	H	J	H	W	Q
X	I	F	T	P	K	F	A	J	N	S	X	R	K	H	A	G	O	L	Y
F	K	Q	W	E	S	M	F	I	T	K	B	E	T	H	W	L	P	A	R
N	A	K	O	D	R	O	J	F	C	F	U	F	R	R	U	A	I	G	K
S	L	Y	R	I	V	L	T	O	A	U	N	U	E	E	V	R	G	S	S
E	L	K	A	T	J	M	N	O	X	X	A	S	F	D	H	J	G	L	S
Q	C	E	K	I	I	U	B	T	H	J	D	R	H	R	U	Y	E	R	Z
S	D	R	E	O	T	T	R	O	M	S	O	E	D	A	T	Y	N	U	X
R	U	I	P	N	O	I	K	J	H	G	F	D	S	A	B	N	M	V	C

Norway in a nutshell



Norway wordsearch

E	S	M	O	U	N	T	A	I	N
P	K	I	V	C	T	N	H	D	W
O	I	R	D	A	M	O	S	L	O
E	I	K	O	S	Y	R	Z	G	B
L	N	F	H	N	L	W	F	J	Q
K	G	R	S	Z	E	A	X	D	X
U	B	L	H	N	A	Y	S	R	M
V	I	K	I	N	G	U	A	O	V
W	P	T	P	Y	I	C	R	J	N
J	Q	I	C	E	E	O	K	F	G



Norway
Oslo
Ship
Viking
Fjord

Krone
Skiing
Ice
Mountain
Elk



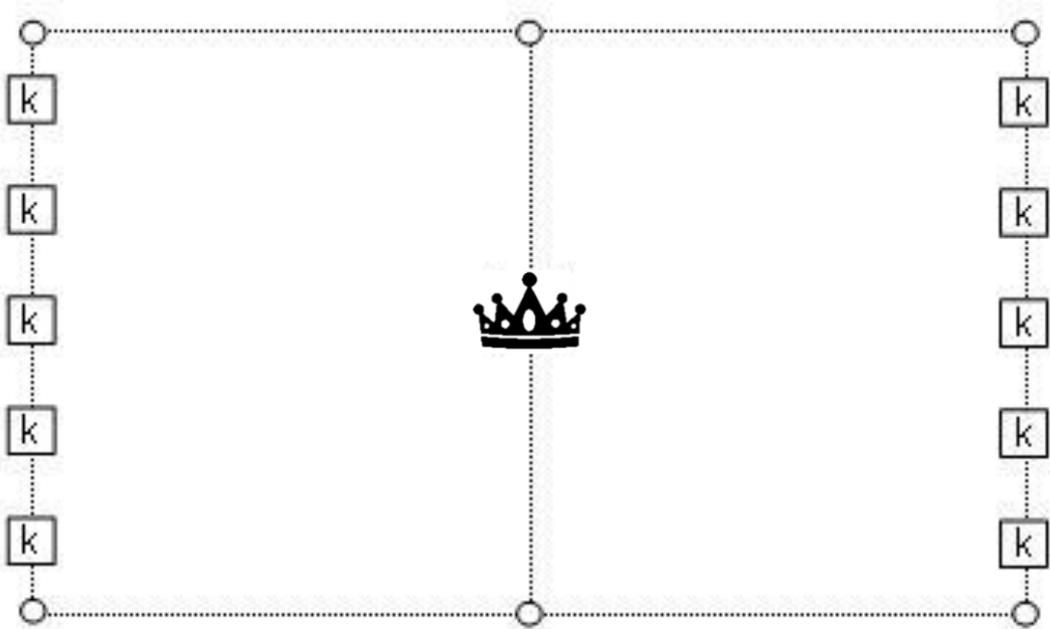
Norway in a nutshell

Kubb

Game Parts

- 6 x Batons
- 10 x Kubb Blocks 
- 1 x King 
- 6 Ground Stakes 
- 50m + Rope 

Set-up (8m * 5m)



Teams

There are 2 teams of 1 – 6 players per team.

Beavers & Cubs Rules

- One player from each team throws a baton towards the king. Whichever team lands closest without knocking the king over starts.
- The aim of the game is to knock over all the other teams Kubb blocks and then the King.
- Team 1 will throw all their batons at the opposing Kubb blocks in attempt to knock them over, once all batons are thrown then it is Team 2's go. Batons can only be thrown underarm.
- Once all the opposing teams Kubb blocks are knocked over, the throwing team can throw to knock over the King.

Norway in a nutshell

Scout & Explorer Rules

- One player from each team throws a baton towards the king. Whichever team lands closest without knocking the king over starts.
- The aim of the game is to knock over all the other teams Kubb blocks and then the King.
- Team 1 will throw all their batons at the opposing Kubb blocks in attempt to knock them over, once all batons are thrown then it is Team 2's go. Batons can only be thrown underarm.
- Once all the opposing teams Kubb blocks are knocked over, they are then thrown randomly by the team to which they belong into their pitch half. From where they land they should be directly stood up.
- These field Kubbs must be knocked down before the King can be attacked.

Alternative Kubb Material Ideas

If this game is being played and a Kubb Kit is not available, below are a few suggestions of materials that can be used.

Indoor

Toilet Roll Tube Kubb Blocks
Kitchen Roll Tube King
Pen & Pencil Batons

Empty 500ml Pop Bottle Kubb blocks
2 Litre Pop Bottle King
Bean Bags Batons

Outdoor

20cm tall Log offcut Kubb Blocks
40cm Tall Log King
Assorted Sticks as Batons

Other Options

Kubb sets can be made as shown on the below website:

<https://www.instructables.com/id/How-to-Make-a-Kubb-Set/>

Kubb sets can be purchased from the below website:

<https://www.mastersofgames.com/cat/outdoor/kubb.htm>

Norway in a nutshell

Ladder game instructions:

- All beavers/ cubs/ scouts should sit in two rows facing a partner with their legs outstretched so their feet touch.
- Allocate each cub a word from the story that is highlighted (if there are more group than there are words highlighted create two ladders or select other relevant words from the story.)
- Read the story aloud and every time a pair hear their allocated word they must stand up, run down the ladder over the legs of the other pairs and run back up the outside to the top before making their way back to their seat.
- Time to play 4-6 minutes.

Key:

The man

Christmas

Halvor

Troll

Bear

Cat

Traditional Norwegian story:

The Cat on the Dovrefell.

Once on a time there was a man up in Finnmark who had caught a great white bear which he was going to give to the king of Denmark. Now it so fell out that he came upon the Dovrefell on Christmas Eve, and there he turned to a cottage where a man lived. His name was Halvor, and he asked if he had a spare room where he could stay the night with his bear.

“Heaven never help me if what I say isn’t true!” said the cottage owner, “but we cant give anyone a room just now, for every Christmas Eve such a pack of trolls come down upon us that we are forced to flit and haven’t so much as a roof upon our own heads, let alone lending it to anyone else”

“oh?” said the man, “if that is all then you can very well lend me your house; my bear can sleep under the stove and I can sleep in the side-room”

Well, the man begged so hard the Halvor finally agreed to let him stay. So, the people of the house flitted out, and before they left everything was got ready for the trolls; the table was set and there

Norway in a nutshell

was rice porridge and fish boiled in lye, and sausages and all else that is good. Halvor had prepared the grandest Christmas Eve feast the man had ever seen.

So, when everyone was ready down came the trolls. Some were great, some were small; some had long tails, and some had no tails at all; some too, had long, long noses. The trolls ate and drank and tasted everything from their Christmas meal. Just then one of the small trolls caught sight of the bear, who lay under the stove. He stuck a piece of sausage on his fork, and went up and poked it against the bear's nose, screaming out "do you want some food cat?" The white 'cat' rose up and growled and hunted the whole pack of trolls out of the door, both great and small.

Next year, Halvor was out in the wood on the afternoon of Christmas Eve, cutting wood before the holidays for he thought that the trolls would come back; just as he was at work, he heard a voice from the woods.

"Halvor! Halvor!" shouted the voice.

"Well," said Halvor "here I am"

"Have you got that big cat still?"

"Yes, I have "he lied - for the man had taken the 'cat' that was actually a bear onto Denmark one year ago. "she's lying under the stove and what's more she's got 7 young cats far bigger and fiercer than she."

"oh, well then, we'll never come to see you again on Christmas Eves or any other day." The troll trampled back into the woods. To Halvor's relief he kept his word; for since that time the trolls have never eaten their Christmas dinner on the Dovrefell, all thanks to the man and his bear.

Norwegian Scouting

Promise

Jeg lover etter beste evne å:

(Yei low-ver ate-er beste erv-ne oh)
my ability

I promise to do the best of

være åpen for Gud

(vahre oh-pen fur gud)

to be open minded to God

hjelpe andre

(yelpe andre)

help others

og leve etter speiderloven

(o lay-ve ate-er speed-er-low-ven)
(phonetics) **Norwegian** English Translation.

and live according to the scout law

Scout law

- 1- A Scout is open to God and His word.
- 2- A Scout accepts responsibility for herself/himself and others.
- 3- A Scout is helpful and considerate.
- 4- A Scout is a good friend.
- 5- A Scout is honest and trustworthy.
- 6- A Scout understands nature and protects it.
- 7- A Scout thinks and acts independently.
- 8- A Scout does her/his best in adversities and difficulties.
- 9- A Scout is thrifty and tries to manage on her/his own.
- 10- A Scout works for peace and understanding.

Could compare to the British Scout law.

The Scout Prayer

Dearest Father, high in heaven
Hear the prayer of my heart:
In every corner of this world
Let me travel as your son;
Let me live life to your glory,
Honour Norway, and my parents,
Be of help to other people
And obey the Scouts laws' words.

Origami Viking Boat

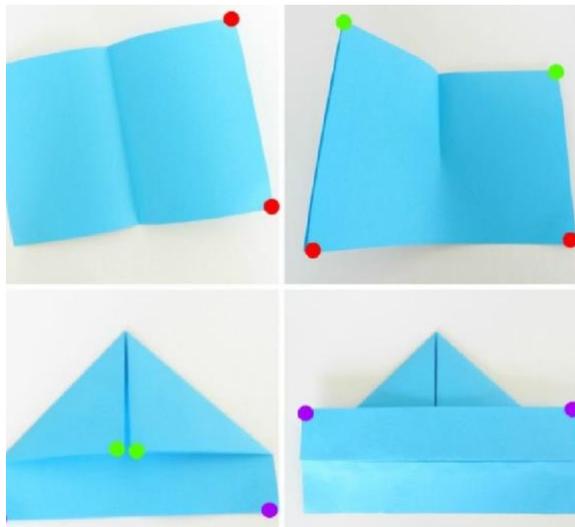
Needed:

1 A4 piece of paper (for the boat)

1/4 of an A4 sheet (for the sail) Pencil or Kebab stick (for the Mast)

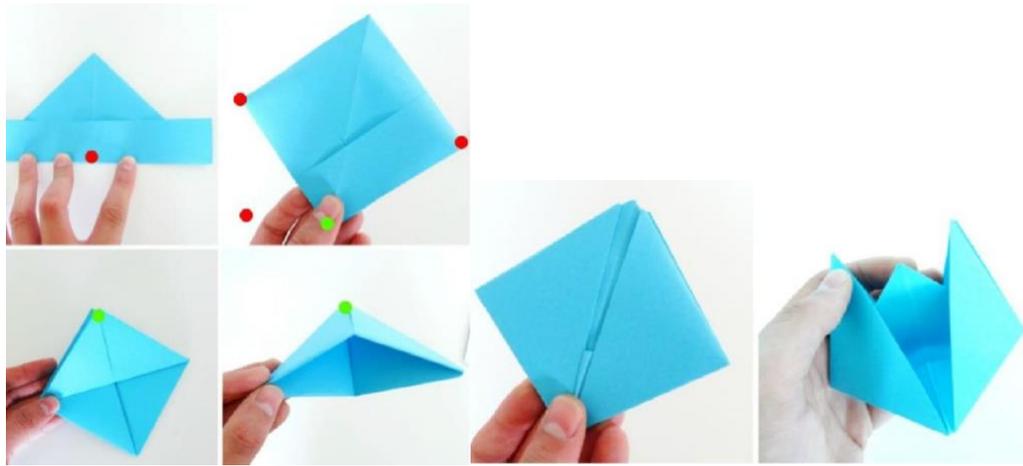
Instructions:

1. Fold the a4 sheet length ways
2. Fold the paper in half again and unfold it again
3. Fold corners of the folded side to the middle crease line to make two triangles.
4. Fold the rectangular flap under the triangle up in front of the triangles



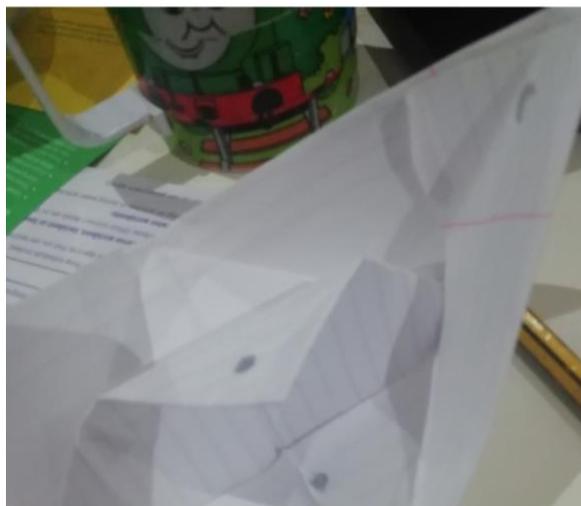
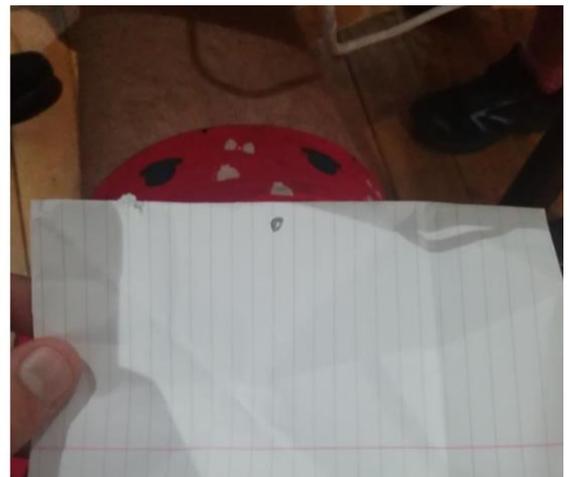
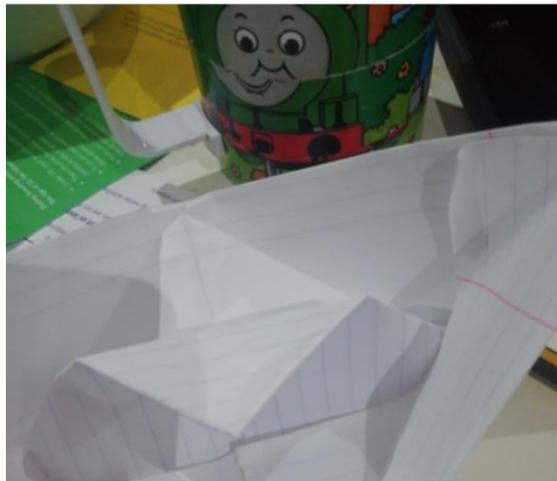
5. Flip the paper around and do the same on this sign with the other flap
6. Grab the centers of the triangle shapes and pull them outwards and flatten to make a square.
7. Fold the front triangular flap up and flip the paper around and do the same with the back flap to make a triangle
8. Again grab the centers of the triangles and pull them out and flatten to make a square again.
9. Pull the tops apart to make the paper boat

Norway in a nutshell



Make the mast and sail:

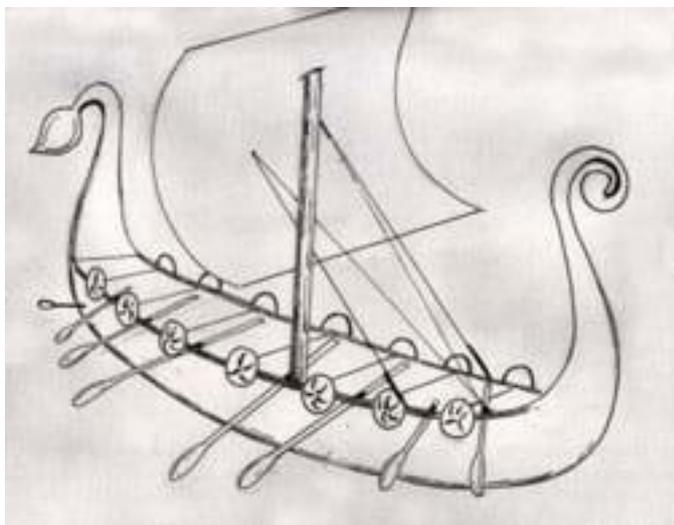
1. Decorate the $\frac{1}{4}$ A4 as you wish.
2. Stab a hole at the middle of each of the long sides
3. Fold the triangle in the middle of the boat 90 degrees and stab a hole through it and the bottom of the boat
4. Put your pencil/kebab stick through these holes in the boat and through the holes in the sails - You now have an origami Viking boat!



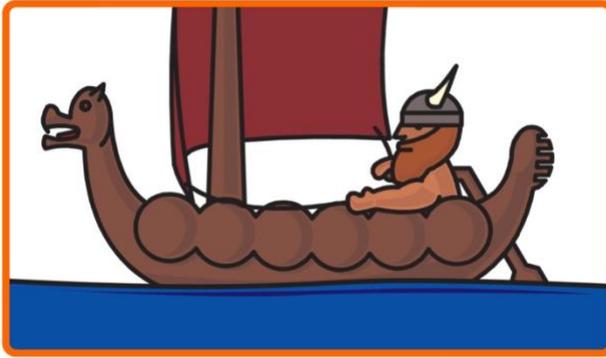
Viking boat regatta rules regulations and boat designs

- Teams of 2-4 people
- Boats must be made before the race (if you're doing a race)
- Only cardboard and duct/cellotape can be used to build your boats
- No dangling extremities
- All team members in the boat must be fully in the boat when sailing
- Boats should be easy to escape when sinking
- Paddles must be made of cardboard and tape too
- You can design your boat how you like
- When racing, at least 2 members of the team must be in the boat at all times
- Personal floatation device must be worn and comply with scout association rules
- Race course is up to the leaders in charge

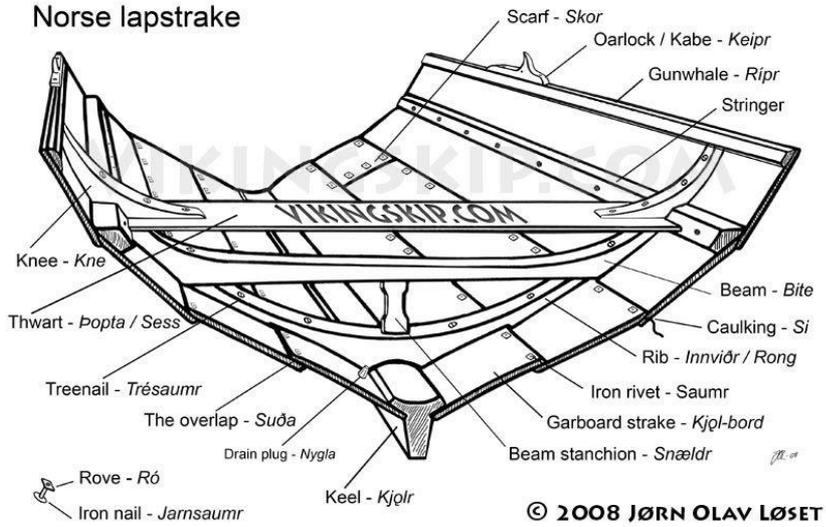
Basic boat designs are below.



Norway in a nutshell



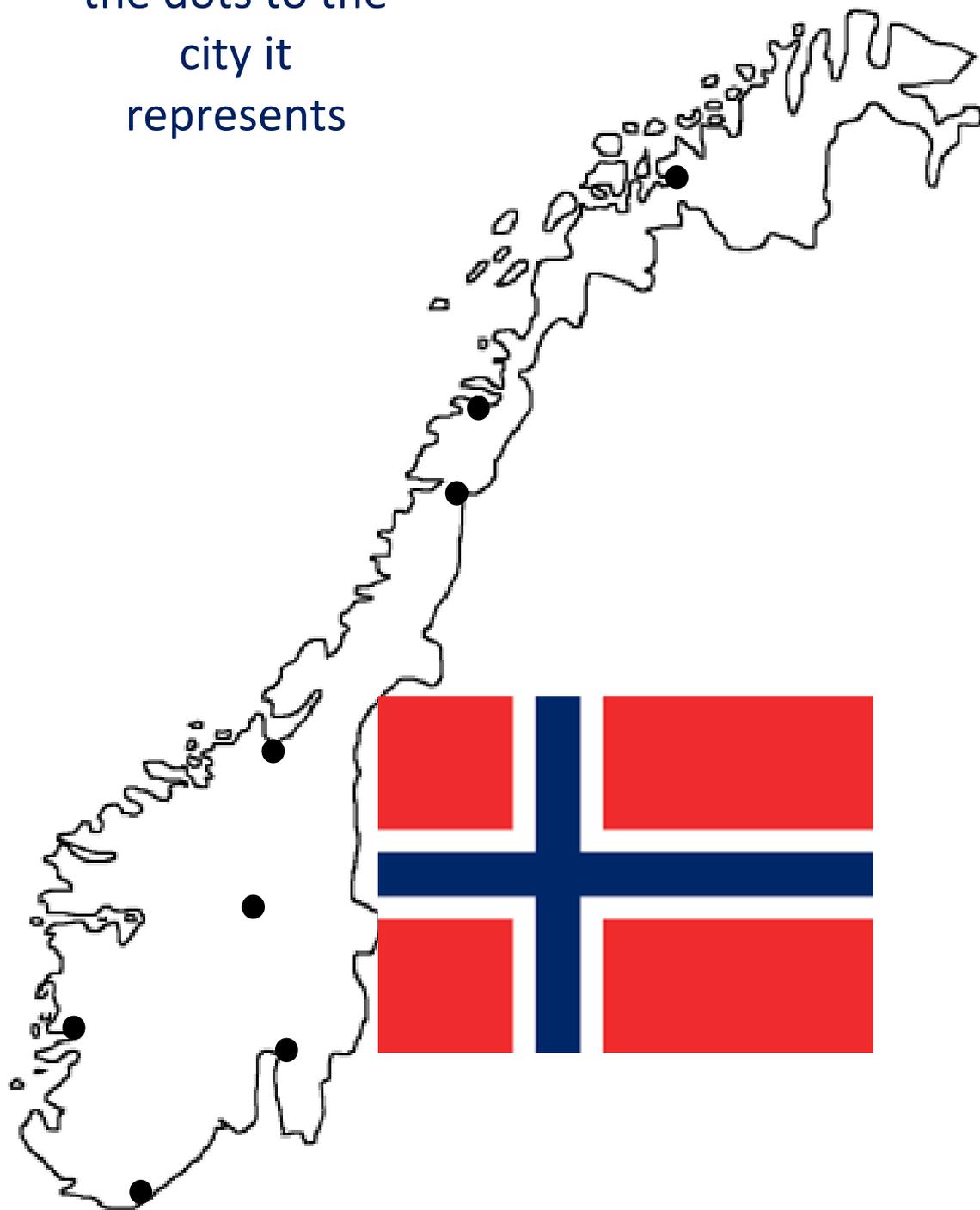
Norse lappstrake



Norway in a nutshell

PIN the Cities On The Map

Match each of
the dots to the
city it
represents



Norway in a nutshell

Answer map



Norway in a nutshell

Oslo

Bergen

Tromsø

Trondheim

Bodø

Mo I Rana

Kristiansand

Lillehammer

Norway in a nutshell

Norwegian Language game

Scouting	<u>Speider</u>	Tent	<u>Telt</u>
Explorers	<u>Oppdagelses</u>	Sailing	<u>Seiling</u>
Canoeing	<u>Kanopadling</u>	Camp Fire	<u>Bål</u>
Climbing	<u>Klatring</u>	Hiking	<u>Fotturer</u>
Badges	<u>Merker</u>	Flag	<u>Flagg</u>
Salute	<u>Honnoør</u>	Volunteer	<u>Frivillig</u>
Knots	<u>Knop</u>	Figure of Eight	<u>Figur På åtte</u>
Clove Hitch	<u>Nellikrok</u>	Reef Knot	<u>Revknute</u>

Norway in a nutshell

English	Norwegian
Hello	Hallo
Good morning	God morgen
Good night	God natt
Goodbye	Ha det
Thank you very much	Tusen Takk
My name is Brad	Je heter Brad
What is your name?	Hva heter du?
I like football	Jeg liker fotball
Where are the toilets?	Hvor er toalettene?
Do you speak English?	Snakker du Engelsk?
Scouts are the best	Speidere er de beste
I go to school	Jeg går på skolen
How old are you?	Hvor gammel er du?
I am from Norway	Jeg er fra Norge
What do you mean?	Hva mener du?
See you later	Ser deg senere
I'm sorry	Beklager
Nice to meet you	Hyggelig å møte deg
How are you doing?	Hvordan går det
Please	Vær så snill
To the left	Til venstre
To the right	Till høyre
I don't understand	Jeg forstår ikke
Excuse me	Unnskyld

Norway in a nutshell

Three station rotation craft images

